

“What do I do when I believe in God but pursue happiness at any cost?” Various Scriptures

“For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you a hope and a future.” Jeremiah 29:11

God does not want you to be happy when:

1. It causes you to do something wrong, sinful or unwise.

2. Your happiness is based on the things of this world.

Equation: Better possessions + peaceful circumstances + thrilling experiences + the right relationships + the perfect appearance = happiness

3. It causes us to miss out on the blessings of God.

Principle: Don't seek happiness – seek God.

“Seek your happiness in the Lord, and He will give you your heart's desire” Psalms 37:4

How do I find real happiness in life?

1. See what real hunger is

“God humbled you by letting you go hungry and then feeding you with manna....He did this to help you realize that real life comes by obeying every command of God.” Deuteronomy 8:3

“Sometimes it takes a painful experience to make us change our ways.” Proverbs 20:30

2. Stop eating junk food.

“Why spend your money on what is not bread, and your labor on what does not satisfy?” Isaiah 55:2

Principle: Spiritual hunger is contagious

3. Start looking to Christ for happiness.

“Blessed are those who hunger and thirst for righteousness for they will be filled.” Matthew 5:6

Principle: You are as close to God as you want to be.

“May all who are godly be happy in the Lord and praise His holy name.” Psalms 97:12